

**PROVA DE INGLÈS**

READ THE FOLLOWING TEXT AND CHOOSE THE OPTION WHICH BEST COMPLETES EACH QUESTION **ACCORDING TO IT**:

**THE ATKINS PHENOMENON**

The inventor of the Atkins Diet, or “Nutritional Approach”, Robert C. Atkins, M.D, had the distinction of being named by PEOPLE magazine as one of the world’s “25 most intriguing people” at the end of the 20<sup>th</sup> century and of being chosen by TIME magazine as one of the “People Who Mattered” in 2002. Sadly, he was to die the following year, at the age of 72, from a head injury after falling over on an icy New York street. His death is surrounded in controversy as it has been claimed by several newspapers that the dietary guru was himself obese at the time.

The WALL STREET JOURNAL even cited a report by the city medical examiner in which it was stated that Dr. Atkins had previously suffered from heart attack, congestive heart failure and hypertension. His widow denied these allegations and even demanded an apology from New York City’s mayor, Michael Bloomberg, when he described her late husband as “fat”. One year before his death, Dr Atkins had, however, admitted that he had had a cardiac attack. In a statement he maintained that this was on account of a viral heart infection that was “in no way related to diet”.

Obese or not, Dr. Atkins’ heart problems were not the best advertisement for his nutritional approach, nor was the fact that a famous Atkins convert, former president Clinton, recently underwent heart surgery. In spite of this adverse publicity, the Atkins Approach remains immensely popular in the United States. Atkins, a cardiologist who graduated from Cornell University Medical School in 1955, developed his controlled carbohydrate approach to weight management in the early 1970s. In it, controversially, natural fats are encouraged.

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**QUESTION 51**

Dr. Atkins became famous in the 70’s due to his

- a) efforts to cure hypertensive people.
- b) graduation at the famous Cornell University.
- c) researches in health nutrition.
- d) studies in the field of heart diseases.

**QUESTION 52**

In his late years Dr. Atkins received prizes from

- a) some well-known magazines.
- b) many famous universities.
- c) New York City’s mayor.
- d) the Wall Street Journal.

**QUESTION 53**

The word as in "...as it has been claimed..." (paragraph 1) indicates

- a) contrast.
- b) conclusion.
- c) addition.
- d) reason.

**QUESTION 54**

Dr. Atkins died

- a) in 2003.
- b) at an early age.
- c) in the 1970s.
- d) at the end of the 20<sup>th</sup> century.

**QUESTION 55**

The words these allegations in "His widow denied these allegations..." (paragraph 2) refers to the facts described by

- a) Dr. Atkins' book.
- b) a famous newspaper.
- c) a medical report.
- d) New York city mayor.

**QUESTION 56**

Dr. Atkins' family states that he died from

- a) being obese.
- b) a head injury.
- c) a cardiac attack.
- d) heart failure.

**QUESTION 57**

The word however in "Dr. Atkins had however admitted..." (paragraph 3) conveys an idea of

- a) concession.
- b) conclusion.
- c) cause.
- d) contrast.

**QUESTION 58**

Before his death, Dr. Atkins had denied his heart problem was related to

- a) his famous diet.
- b) poor health.
- c) a weak heart.
- d) hypertension.

**QUESTION 59**

The fact that former president Clinton suffered a heart surgery was

- a) unknown by the average public.
- b) considered an unimportant matter.
- c) not taken into consideration.
- d) not good publicity for the diet.

**QUESTION 60**

Dr. Atkins' diet is considered controversial because it

- a) controls carbohydrate.
- b) encourages natural fats.
- c) manages weight.
- d) remains immensely popular.